

Start/finish grid
reference:
★ TL 53364 76024
Holt Fen, Little
Thetford

Little Thetford

Enjoy a walk along the Great Ouse River
and the surrounding countryside.

Find out how
to become
a volunteer

Route A (Pink)

Distance: 4.5
miles

Time: 2 hours

Caution !

Train crossing
on this route.

Photo point!

Share your photos
with us
@NewLifeOldWest

Did you know?

The Great Ouse is the
4th longest river in the
UK (143 miles)

Which tree species can you see?

For help with identification
see the [Woodland Trust](#).

Route B (Purple)

Distance: 2.4 miles

Time: 1 hour

Viewpoint!



How many bird songs can you hear?

For help with recognition see the [RSPB](#)

Little Thetford

Enjoy a walk along the Great Ouse River and the surrounding countryside.



Which insects can you spot?

For help with identification see [Butterfly Conservation](#).

I-spy: Moorhen

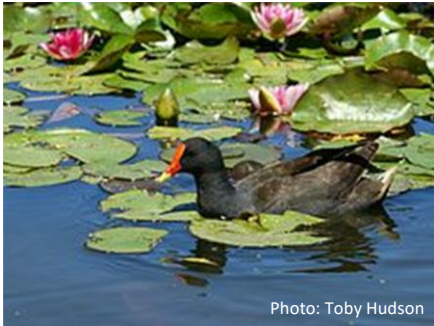


Photo: Toby Hudson

Moorhens are omnivores, eating everything from snails and insects to small fish and berries. Keep an eye on thick vegetation next to the water. See [BCN Wildlife Trusts](#).

I-spy: Emperor Dragonfly



Photo: Ross Hoddinott/2020VISION

A very large, impressive dragonfly that is on the wing from June to August. See [The Wildlife Trusts](#).

The Old West Landscape

This route allows you to walk along the Old West River (a stretch of the Great Ouse from Earith to the Cam) which is of historical and ecological importance. By enhancing the landscape more species can benefit and thrive here in the Fens.

To find out how you can get involved check out [our website](#) or get in touch!

Activity: I-spy!

Wildlife spotting is a fun and easy way of connecting with nature. By recording your sightings, you can help improve our understanding of biodiversity across the Fens.

On your walk make a note of the 4 W's (What, Where, When and Who) and submit your data on [our website](#).

For more information check out [our video](#).

I-spy: Cormorant



Photo: Yerpo

The UK holds internationally important wintering numbers of Cormorant. Look out for them flying along the river. See [RSPB](#).

I-spy: Banded Demoiselle



Photo: Böhrringer Friedrich

A large metallic damselfly with fluttering, butterfly-like wings. Often seen along river banks. See [British Dragonfly Society](#).

Share your walk with us!

Twitter: @NewLifeOldWest

Facebook: New Life on the Old West

 **New Life**
ON THE OLD WEST

 **HERITAGE**
FUND