

Start/finish grid reference:

TL56927072

Pond Green, Wicken.

Distance: 2.1 miles

Time: 45 minutes - 1 hour

# Wicken

Discover a world of butterflies, dragonflies and windmills along this tranquil village walk.



The [NLOW project](#) will introduce a range of habitat enhancements at the Rec.

Wildflower seeds will be sow around the pond with a wildflower strip and bat box.



Wicken Fen Nature Reserve. See [the National Trust](#).

Wildflower strips will be introduced.

## Photo point!

Share your photos with us @NewLifeOldWest



## I-spy

How many butterflies and dragonflies can you spot?



## I-spy

What wildlife can you spot?

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Find out how to become a volunteer

## Wicken

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### I-spy: Red Admiral



A familiar, large and strong-flying butterfly. See if you can spot one along the fields along this walk. See [Butterfly Conservation](#).

### I-spy: Swallow



Migrating from South Africa, swallows travel 200 miles a day at around 22 mph. Try and spot these near Wicken Fen. See [RSPB](#).

### I-spy: Banded Demoiselle



A large metallic damselfly with fluttering, butterfly-like wings. Often seen along river banks. See [British Dragonfly Society](#).

### I-spy: Small Tortoiseshell



Did you know? Male tortoiseshell's are very territorial and will chase anything which comes into their space. See [the Wildlife Trusts](#).

### Wildflowers

Can you spot any wildflowers on your walk?

Wildflowers (e.g. water violet) are invaluable for pollinators but have recently experienced a decline in diversity and variety.

The NLOW project will involve creating flower-rich areas on pond banks, along the Old West River, on community green spaces and farms.

See [RSPB](#) for more information on wildflowers.

### Share your walk with us!

Twitter: @NewLifeOldWest

Facebook: New Life on the Old West



### Wicken Windmill

The only working 12-sided smock mill built in 1813 and closed in 1933. The mill was restored in 1987 by the Wicken Windmill Partnership and today produces wholemeal and white flour.

See [Traditional Cornmillers Guild](#).